


## POWERFUL COMPLETE PRE-WORKOUT

TOTAL WAR DELIVERS THE STRENGTH, ENDURANCE & ENERGY TO POWER YOUR MOST INTENSE WORKOUTS.†

 SUSTAINED ENERGY & ENDURANCE†

 COMBATS MUSCLE FATIGUE†

 ENHANCED BLOOD FLOW FOR PUMPS†

### FOR BEST RESULTS



#### HOW TO TAKE

MIX 1 SCOOP IN 4-6oz OF WATER

ASSESS TOLERANCE BEFORE USE. DO NOT COMBINE WITH OTHER CAFFEINE CONTAINING PRODUCTS & AVOID CONSUMING 4 HOURS BEFORE SLEEP.



#### WHEN TO TAKE

30 MINUTES PRIOR TO TRAINING



WATCH VIDEO SCAN TO LEARN MORE

**RAINBOW CANDY**  
NATURALLY AND ARTIFICIALLY FLAVORED



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**REDCON1**

# TOTAL WAR®

30 SERVINGS

ALL-IN-ONE FORMULA

INTENSE ENERGY & FOCUS†

ENHANCED PUMPS & ENDURANCE†

PRE-WORKOUT



DIETARY SUPPLEMENT  
Net Wt. 15.56 oz (441g)



320mg CAFFEINE • 3.2g BETA ALANINE • 6g CITRULLINE MALATE

## Supplement Facts

Serving Size: 1 Scoop (14.7g)  
Servings Per Container: 30

	Amount Per Serving	%DV
Sodium	310mg	13%
Citrulline Malate 2:1	6g	**
Beta Alanine	3.2g	**
Agmatine Sulfate	1g	**
Taurine	1g	**
Caffeine Anhydrous	250mg	**
Juniper ( <i>Juniperus communis</i> ) (berry) Extract	150mg	**
Di-Caffeine Malate (Providing 70mg Caffeine)	100mg	**
Theobromine	50mg	**
Green Tea (leaf) Extract (98% Polyphenols, 50% EGCG)	45mg	**
Naringin ( <i>Citrus grandis</i> ) (fruit) Extract	25mg	**
BioPerine® (Black Pepper Fruit Extract)	10mg	**

\*\*Daily Value (DV) not established.

Other Ingredients: Disodium Phosphate, Natural and Artificial Flavors, Silicon Dioxide, Calcium Silicate, Sucralose, Citric Acid, Acesulfame Potassium.

DISTRIBUTED BY: REDCON1, LLC  
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Contains a bioengineered food ingredient.

WARNING: This product is intended to be consumed by healthy adults 18 years of age or older. This product contains 320mg of Caffeine per serving. Do not use if you are pregnant, nursing, sensitive to caffeine or other stimulants, taking any prescription or over-the-counter medications or supplements, or if you have or suspect you may have a medical condition, including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver or kidney disease, seizure disorder, thyroid disease, psychiatric disease, diabetes, prostate enlargement or if you are taking a MAO Inhibitor. Do not use if you are prone to dehydration or exposed to excessive heat. As with any dietary supplement, consult a healthcare professional before using this product. Discontinue 2 weeks prior to surgery. Immediately discontinue use and consult a healthcare professional if you experience any adverse reactions. KEEP OUT OF REACH OF CHILDREN.



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